



**School Information:** Lunch:  
 17 Lunches @ \$2.45 = \$41.65  
 17 Reduced @ .40 = 6.80

Please keep money on your child's lunch account



**Nutrition Tip:** Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



### Monday

3

BBQ Teriyaki Chicken  
 Over fried rice  
 Veggies  
 Fruit

### Tuesday

4

Tuna Casserole  
 Dinner Roll  
 Spinach Salad  
 Fruit

### Wednesday

5

Chicken Taco's  
 Salsa  
 Refried Beans  
 Oranges

### Thursday

6

Chicken & Noodles  
 Whipped Potatoes  
 Steamed Green Beans  
 Wheat Breadstick  
 Fruit

### Friday

7

Pepperoni Pizza  
 Carrot Sticks with  
 Ranch Dressing  
 Fruit

10

Hamburger/bun  
 Potato Wedges  
 Carrot Sticks  
 Fruit

11

Pork'n'gravy  
 Mashed Potatoes  
 Peas  
 Fruit

12

Pizza Bites  
 Marinara  
 Corn  
 Fruit

13

**Spring Break**

14

**Spring Break**

17

**Spring Break**

18

Chicken Fajita  
 Carrot & Celery Sticks  
 Ranch Dipping Sauce  
 Fruit

19

Nacho Supreme  
 Salsa  
 Pinto Beans  
 Fruit

20

BBQ Chicken/bun  
 Potatoes  
 Fruit  
 Snickerdoodle Cookie

21

Pizza Quesadilla  
 Romaine Lettuce  
 Salad  
 Fruit

24

Cheeseburger  
 Lettuce & Tomato  
 Potato Wedges  
 Fruit

25

Toasted Ravioli  
 Marinara  
 Garden Salad  
 Fruit

26

Corndogs  
 Carrots  
 Chips  
 Apples  
**11:30 Dismissal**

27

Country Fried Steak  
 Potatoes  
 Steamed Green Beans  
 Fruit

28

Chili Cheese dog  
 Salad  
 Fruit



Spring Break... April 13-17

11:30 Dismissal... April 26

