



#### School Information: Lunch

23 Lunches @ \$2.45 = \$56.35

23 Reduced @ .40 = 9.20

**\*\*Please keep money on your child's account\*\***



#### Nutrition Tip: Practice stealth health - sneak veggies into favorite foods.

Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



### Monday



### Tuesday

Fruit and milk served

With every meal



### Wednesday

### Thursday

### Friday

6  
Popcorn Chicken  
Cheesy Potatoes  
Fruit

7  
Toasted Cheese  
Baked Beans  
Fruit

8  
Cheeseburger/bun  
Oven Fries  
Calif. blend veggies  
Fruit

9  
Ham & Cheese Wrap  
Lettuce & Tomato  
Green Beans  
Fruit  
Snickerdoodle Cookie

10  
Stuffed Crust Pizza  
Steamed Broccoli  
Fruit

13  
Cheese Dog/bun  
Sunchips  
Baked Beans  
Salad  
Fruit

14  
Hamburger  
Lettuce & Tomato  
Potato Wedges  
Fruit

15  
Corndog  
Sunchips  
Carrots  
Fruit  
**11:30 Dismissal**

16  
BBQ Pork/bun  
Baked beans  
Fruit

17  
Chicken Patty/bun  
Steamed Green Beans  
Fruit

20  
Chicken & Noodles  
Steamed Broccoli  
Fruit

21  
BBQ Rib on Bun  
French Fries  
Peas  
Fruit

22  
Turkey & Cheese  
Sandwich  
Corn  
Fruit

23  
Nachos Supreme  
Spicy Pinto Beans  
Salsa  
Oranges

24  
Pizza  
Garden Salad  
Steamed Carrots  
Fruit

27  
Chicken Nuggets  
Cheesy Potatoes  
Peas & Carrots  
Fruit

28  
Spaghetti w/meat sauce  
Garden Salad and Fruit

29  
Sausage & Egg  
Muffin  
Tater Puffs  
Calypso Crush Juice

30  
Italian Beef  
chips  
Corn  
Fruit

31  
Stuffed Crust Pizza  
Garden Salad  
Fruit